

When you reach 'that certain age'

You know when you've reached it because:

- you start thinking about all those things you haven't done yet
- or maybe that one big thing you've always wanted to do
- and you start to think, 'If not NOW, then when?'

About the session

In this 1-1½ hour interactive session, Cumbrian author, Annie Weir shares her own experience of achieving her dream 'while there's still time'. She also talks about some inspirational real-life examples of people who have achieved things a lot later in life than they'd planned.

Mixed in with that are:

- thought-provoking questions to help you visualise your dream coming true
- an outline of her step-by-step method (based on the acronym DREAM) to help you decide whether NOW is the right time for YOU
- some motivational techniques to help you when the going gets tough (and the chance to get the free e-book [Motivation and Making it Happen for YOU](#))



About Annie Weir



Annie is the owner-manager of IVITA Learning, a training company she established in 2004. Although she loves working with her students and sharing her knowledge, she says,

'I couldn't bear the thought of drawing my last breath never having finished my novel. At the age of 59, I finally published ***Judith wants to be your friend***. It's one of the best things I have ever done, and '***Judith***' has sold over 5000 copies.'

Not Too Late at 58 evolved as a direct result – to help others to realise their dreams. The book is available from Amazon and from Annie's own website as an e-book and as a paperback.

She has devised an on-line course **Not Too Late at 58 - is NOW the right time for YOU?** to help people 'of a certain age' decide whether NOW is the right time to realise their dreams.

She has week-end workshops planned for those who are ready to make that plan – and to make it work. **Not Too Late at 58 – now IS the right time for YOU**

Please contact: Annie Weir

Web: <http://not-too-late-at-58.com>

Tel: 07919 542143

Email: annie@annieweir.co.uk